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#### **Mission**

Homestead Recovery Center's mission is to be a unified voice and access point for peer-led recovery in Watauga County through welcoming, supportive, and inclusive spaces where all community members can participate in recovery.

#### **Vision**

Homestead Recovery Center's vision is a recovery community where all people can improve their health and wellness, live a self-directed life, and strive to reach their full potential.

The Homeplace: Condensed General Information

Updated: 9/17/24

## **Admissions Policy**

Potential residents of The Homeplace Recovery Housing must adhere to the following guidelines:

- The applicant must be at least eighteen years of age.
- The applicant must have submitted an application with true and accurate information that is not misleading.
- Applicants must complete an eligibility screening.
- Priority will be given to applicants who are current or previous residents of Watauga County.
- The applicant must be willing to commit to at least six months (180 days) in our recovery housing program. However, our recommendation is that residents remain in the program for at least one year.
- The applicant must consider himself or herself to be in recovery from an alcohol or substance use disorder and is seeking a residential recovery environment.
- The applicant must be free of alcohol and other drugs at the time of acceptance to
  The Homeplace Program and upon moving into The Homeplace, and must have
  submitted to one or more alcohol and drug screenings to establish that the applicant
  meets such requirements.
- The applicant must not be experiencing active withdrawal.
- The applicant must not have any psychological or medical conditions that would interfere with a group living environment requiring self-care, adherence to policies, and active employment, school attendance, or participation in regular volunteer activities in the community. In making such determinations, HRC will assess the physical, emotional, and psychological needs of the applicant to the extent that we are able to do so in order to determine whether The Homeplace Program can provide an appropriate level of support. HRC is unable to accept applicants who have unmanaged physical, emotional, or psychological conditions. As part of HRC's application process, HRC may require applicants to provide documentation of treatment compliance from a rendering treatment provider.
- The applicant must have demonstrated an intent and ability to live cooperatively in the residence with other residents and to be a good neighbor and community member.
- The applicant must submit to a background check.
- The applicant will comply with any Health Department recommended health testing (may include, but is not limited to, HIV, syphilis, TB, and/or Hep C).
- The resident must complete an intake and orientation with the HRC Housing Coordinator or other HRC staff before being admitted to the The Homeplace Program to include, among others:
  - Review, discussion, and agreement to The Homeplace Policies, which shall include, initialing and signing all Policies.

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- Medical evaluation/ screening
- Urinalysis
- Search of personal property for weapons, narcotics, paraphernalia and any other prohibited items.
- Within 72 hours of entry, the applicant must develop a recovery case plan with HRC staff and actively be working to complete his or her individual recovery goals. This may include but is not limited to: weekly case management sessions, support groups, medication management, general healthcare, employment, and education.

#### Attestations: In connection with the Application and Admission Process, HRC attests that:

- HRC will select applicants on a non-discriminatory basis in compliance with state and federal requirements, including selection without regard to race, religion, or national origin.
- Claims, if any, in marketing materials and advertising are honest and substantiated.
- It does not employ false or misleading statements or unfounded claims or exaggerations.
- Price claims, if any, are not misleading.
- It does not employ therapeutic strategies for which licensure and/or counseling certifications are required but are not maintained in connection with services rendered at The Homeplace residences.
- It shall not make misleading representations of results achieved through The Homeplace Program.
  - If an applicant is not accepted or HRC determines that another recovery environment or higher level of care may be better suited to the applicant, upon request, HRC will make efforts to assist the applicant with other recovery housing or recovery support referrals.

# What Residents of The Homeplace Can Expect:

#### The Homeplace strives to:

- Offer a safe, comfortable, inviting, homelike environment in a residential neighborhood that meets resident's needs and is in line with the National Alliance for Recovery Residences ("NARR") standards core principles and standards.
- Maintain a drug free environment, which includes freedom from alcohol, cannabis products, synthetic drugs, kratom, and similar substances.
- Offer a structured environment that encourages a recovery lifestyle, accountability, and responsibility to one's self and others.

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- Provide an atmosphere that promotes peace and safety of the surrounding neighborhood and community at large.
- Provide an atmosphere of respect, empathy, caring, genuine concern, compassion, and of positive regard for each resident in a trauma-informed, resilience-promoting environment.
- Honor each individual's rights to choose his or her recovery path within the parameters of the Homeplace Policies.
- Develop individualized recovery plans, based upon each resident's needs and requirements.
- Protect the privacy, confidentiality, and personal rights of each resident.
  - HRC will communicate with the NCDAC Division of Community Supervision about any resident currently on probation, parole, or post-release supervision.
     When residents under community supervision enter and/or leave The Homeplace Program, for any reason, this change in living situation will be reported to the appropriate Community Supervision staff and by entering the Homeplace Program, the relevant resident is consenting to such reporting.
- Administer Homeplace Policies in a consistent and uniform manner, but taking into account the needs, progress, and abilities of each resident.
- Treat each resident with dignity and respect and attempt to address each resident fairly in all situations.
- Encourage residents to sustain relationships with professionals, recovery support service providers, and other residents and recovery allies to maintain and progress in personal and community recovery.
- Take appropriate action to stop intimidation, bullying, sexual harassment, and threatening behavior of others.
- Take appropriate action to avoid and stop retribution, intimidation, or adverse consequences that might arise as the result of a resident grievance or complaint.
- Provide consistent, fair practices for alcohol and drug testing that promotes the residents' recovery and the health and safety of the recovery environment.
- Subject to The Homeplace Policies, promote each resident's recovery needs as the primary factor in decision-making related to the resident.
- Promote the residence with marketing materials that are true and accurate and provide open and honest claims. Residents can expect transparent and honest information about all programming, including operational and financial decisions.
- Maintain clear personal and professional boundaries.
- To the extent practicable, hold in confidence any information received related to Policy violation or improper behavior of other residents.
- Maintain an accounting system to document all resident financial transactions, including resident or third party payment of Program Fees, other charges, if any, and to provide accurate statements upon request.
- Communicate services provided by The Homeplace and resident financial obligations.

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- Create a culture of empowerment where residents engage in governance and leadership, including discussion of Homeplace Policies and house governance at house meetings. Ultimate decision making is retained by HRC and the Housing Coordinator.
- Post all Homeplace Policies in a common area of the residence. In addition, community resources and emergency numbers and procedures, including for overdose responses, will be posted in a common area.
- Provide explanation of the role of the Housing Coordinator and other HRC staff, including Case Managers, Peer Support, Reentry Services, and Peer Services at intake.
- Post community resources in a common area of the home.
- Provide residents with personal storage space.
- Make such certifications as required by the NARR standards relating to residence safety and will coordinate verification and inspections (and documentation of inspections) relating to smoke detectors, carbon monoxide detectors, fire extinguishers, if required by law, and other health and safety matters. Certification may be given to the best of the knowledge of the person providing the certification.
- Make Naloxone or other overdose reversal medications available in common areas and provide training to residents on how to identify and respond to an opioid overdose.

#### **Homestead Recovery Housing Code of Ethics**

- Assess each potential resident's needs, and determine whether the level of support available within the residence is appropriate. Provide assistance to the resident for referral in or outside of the residence.
- 2. Value diversity and non-discrimination.
- 3. Provide a safe, homelike environment that meets the NARR (National Alliance of Recovery Residences) Standards.
- 4. Maintain an alcohol- and illicit-drug-free environment.
- 5. Honor individuals' rights to choose their recovery paths within the parameters defined by the residence organization.
- 6. Protect the privacy and personal rights of each resident.
- 7. Provide consistent and uniformly applied rules.
- 8. Provide for the health, safety and welfare of each resident.
- 9. Address each resident fairly in all situations.
- 10. Encourage residents to sustain relationships with professionals, recovery support service providers and allies.
- 11. Take appropriate action to stop intimidation, bullying, sexual harassment and/or otherwise threatening behavior of residents and staff and within the residence.
- 12. Take appropriate action to stop retribution, intimidation, or any negative consequences that could occur as the result of a grievance or complaint.

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- 13. Provide consistent, fair practices for drug testing that promote the residents' recovery and the health and safety of the recovery environment and protect the privacy of resident information to the extent allowed by law.
- 14. Provide an environment in which each resident's recovery needs are the primary factors in all decision making.
- 15. Promote the residence with marketing or advertising that is supported by accurate, open and honest claims.
- 16. Decline taking an active role in the recovery plans of relatives, close friends, and/or business acquaintances who may apply to live in the recovery residence.
- 17. Sustain transparency in operational and financial decisions.
- 18. Maintain clear personal and professional boundaries.
- 19. Operate within the residence's scope of service and within professional training and credentials.
- 20. Maintain an environment that promotes the peace and safety of the surrounding neighborhood and the community at large.

## What The Homeplace Expects From Residents:

We expect each resident to:

- Remain free of alcohol and other drugs, this includes but is not limited to alcohol, cannabis products, synthetic drugs, kratom, etc.
- Actively, regularly, and continuously participate in the resident's recovery process, as expected and projected for progress within his or her individualized case plan (see Minimum Case Plan Requirements Policy).
- Attend weekly house meetings. The Housing Coordinator will lead house meetings, which will include celebration of residents' successes, review and discussion of various Homeplace Policies, discussion of house chores, discussion of neighborhood matters, discussion of any other issues, in each case with input from the residents.
- Live cooperatively with other residents, neighbors, and the greater community.
- Respect the rights and property of others.
- Maintain mandatory minimum cleanliness standards (See the Shared Living Agreement and Homeplace Housing Rules and Policies)
- Complete required house chores.

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- Live an active lifestyle through employment, attending school, or engaging in volunteer service and engaging in other healthy activities to assist in, and promote, the resident's continued recovery.
- Strive daily to be the best person the resident can be.
- Agree to personal property inspection at any time by the HRC Housing Coordinator or other HRC staff to ensure safety, security and adherence to all The Homeplace Policies.
- Abide by all The Homeplace Policies and all HRC Policies.
- Show commitment to maintaining the recovery environment of The Homeplace residence by:
  - Holding housemates and residents accountable to the Shared Living Agreement and other Policies.
  - Promptly disclosing any persons (residents, staff, interns, or volunteers) who you witness, or have knowledge of, violating any of the above-referenced Policies or guidelines.
- All residents are required to submit to random drug and alcohol screenings. The
  resident will be required to stay on property once the resident has been informed that
  he or she is going to be screened. (Please see Consent for Drug and Alcohol
  Screening)

### **Fee Schedule**

#### **Entry Fee**

There is a \$400 nonrefundable entry fee in addition to two weeks of program fees that must be paid prior to entry. This entry fee and initial program fees may be waived on a case by case basis based on need.

#### **Weekly Program Fees**

Program Fees are One Hundred Forty Dollars (\$140) per week and shall be paid by cash or check (payable to Mediation and Restorative Justice Center), and must be paid in advance by Monday of each week, no later than 5pm. Payment must be made at HRC or through arrangement with the Housing Coordinator.

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Homestead Recovery Center has discretion to apply or waive any payments of Program Fees as it deems appropriate.

**Refunds** 

If a resident leaves or is dismissed from the program, refunds will not be given for Entry or Program Fees.

**Medications** 

Residents are required to disclose prescribed and over-the-counter medications, doses, and the prescribed medication schedule (intervals for taking the medications). Residents are subject to random counting and inventory by Homestead Recovery Center (HRC) staff of all medications.

Please contact the Housing Coordinator, Heather Smith at 828-406-5414 or at <a href="mailto:heather@homesteadrecoverync.org">heather@homesteadrecoverync.org</a> for our full Medication and Self Administration Policy and for a complete list of prohibited medications.

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